

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Dance Daze At Home Challenge #8

x a p l a y n y m g e r s f w u p g  
p s x k i m p u l s e a o b l n i o  
r k d e v e l o p c t b l d o o x p  
a i m h t s h a p e s h v e f d w d  
c l m e t a c o g n i t i o n x y a  
t l b c o n t r o l e e n n b l x n  
i s j g r e f r e e z e g i k v j c  
c s t o p i m i n d f u l n e s s e  
e j t m p r o b l e m i y r v e r w  
l e w r r u a n i m a l s w z r h t  
j s c r e a t i v i t y x p q c y b  
l j k d o v b v c e n o z s e q o d

Find the following words in the puzzle.

Words are hidden → ↓ and ↘ .

animals

body

control

creativity

dance

develop

flow

freeze

go

impulse

metacognition

mindfulness

play

practice

problem

shapes

skills

solving

stop

think